



**“Addressing Challenges for Refugee Children’s Mental Health”**  
 Wednesday 9<sup>th</sup> November – Virtual Training via Zoom  
 Thursday 10<sup>th</sup> November – In Person, Athens @ Address: HIGGS, 15 Victoros Ougko St., Metaxourgio

**Learning Objective**

The workshop aspires to familiarize the participants on challenges facing refugee children’s mental health, as well as professionals and services, and on reaching realistic and collaborative solutions through their role.

**Target Population**

Professionals from different disciplinary backgrounds, working or in contact with refugee children and young people in Greece

**Duration**

4 hours (virtual) and 5 hours (in person), with two breaks

**Content and Format**

This objective will be addressed through three sequential sections, using participatory presentations, debate, experiential learning activities such as case studies, and practical tools

**Schedule**

	9 <sup>th</sup> Nov.	10 <sup>th</sup> Nov.
Welcome – Introductions	9:30	9:30
Overview of child mental health issues, current evidence, practice implications and arising challenges	9:40	9:45
Unaccompanied children: discussion around challenges, individual and system responses	10:00	10:05
Break 10min	10:20	10:25
Small group debates and activities on identified challenges	10:30	10:35
Break 15min/30min	12:15	12:35
Case discussion: Goal-setting by matching theory, needs and evidence	12:30	13:05
Conclusion – Questions - Feedback	13:00	14:00

**Presenters:**

- ✓ **Kelsey LeBrun Keswani** is the Senior Advisor for ICF’s Training and Technical Assistance Center for the U.S. Office of Refugee Resettlement, Unaccompanied Children’s Program. She has over 18 years of experience as a Director, Consultant, Social Worker, and Policy Analyst for unaccompanied minors and refugee and migrant programs in the US, Europe, and globally. She has her Master’s Degree in Counseling Psychology from Michigan State University and postgraduate certificates from Harvard’s Program in Global Mental Health and Oxford’s Refugee Studies Center. She is a currently Ph.D. Candidate in Migration Studies at the University of Lisbon.

*The program is organized with funding support from the U.S. Embassy in Athens.*



- ✓ **Panos Vostanis** is Professor of Child Mental Health in the UK. He has published extensively on the impact of trauma on child mental health, and evaluation of interventions and services for traumatized children. He has longstanding clinical experience with vulnerable children and youth. Panos is founder of the World Awareness for Children in Trauma ([www.wacit.org](http://www.wacit.org)), which provides service transformation, capacity building and evaluation for children in contexts of conflict and disadvantage. To this effect, he is involved in several projects with NGOs and academic centres in Asia, Africa and Latin America.

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